Gunnison County’s Comprehensive Guide to Health and Wellness Across the Lifespan
HEALTH SERVICES

Acupuncture and Herbal Medicine
Description: Insertion of tiny needles in acu-points in the body to stimulate our body's natural healing responses
What does it treat: Sinusitis, respiratory conditions, disorders of back, neck, knees etc, digestive discomfort, regulates women's menses and eases cyclic pain, helps in weight loss, and curbs fatigue and treats depression and other mental illnesses, athletic injuries, Obstetrics and gynecology issues, Dermatology issues, Sports medicine issues, Drug addiction
Insurance: Covered by some insurances - check with your provider

Adelman, Karyn Acupuncture & Herbal Medicine, LHB, LAC
17 Elk Ave Crested Butte
970-349-9886

Alpine Acupuncture-Cea Mount
114 N Blvd Ste # 108, Gunnison
970-641-1200

Alpine Acupuncture and Herbal Medicine
309 Belleview Ave. Crested Butte, CO
349-5550

Apple Acupuncture
172 A Blackstock Drive Crested Butte, CO
349-7005

Biery, Heather Acupuncture & Massage, LAC
427 Belleview Ave Ste 101 Crested Butte
970-901-5039
www.heatherbieryacupuncture.com

Chain, Steffanie
Crested Butte, CO
970-209-3953

Moore, Sandra L AC Dipl AC
214 6th Street, Suite #6
970-349-7290

Rae, Stacey
320 North Main Street
Gunnison, CO 81230
970-641-6095
The Wellspring Clinic
144 Main St Gunnison Suite B
970-641-6095
https://www.acufinder.com/Acupuncturist/94186
Tullius, Jessica

Cardiology
*Description and Treatment:* Use for any disorders or screenings for suspected disorders of the heart. Services include cardiac stress testing, echocardiography, heart catheterizations, and nuclear medicine.
*Insurance:* Covered by most insurance check with provider

Mountainview Cardiology
Providers: Huhta, Bradley MD FACC and Becker, Paul MD
Location: GVH
Notes: In Gunnison the third Tuesday of each month. Call Montrose office for appointment.
970-252-1020

Chiropractic
*Description:* emphasizes the diagnosis, treatment, and prevention of mechanical disorders and nervous system
*What Does it Treat:* chiropractic health treats everything from back pain to headaches.
*Insurance:* Covered by some insurance - check with your provider

Black Canyon Chiropractic & Wellness Center
Dietician/Nutritionist
303 E Tomichi Ave # A, Gunnison
970-641-1554

Bliss Community Chiropractic Café
Dr. Mimi Kasten, DC CAC
226 elk Ave Crested Butte
Crested Butte, co 81224
970-349-7474
www.blisschiropractic.com

Blue Spruce Chiropractic & Nutrition
232 W Tomichi Ave Gunnison
970-641-4044

Coblentz Alvin K
Chiropractor, Dietician, Nutritionist
309 E New York Ave Gunnison
970-641-2525
**Schappert, Sue Ellen Dr.**  
427 Bellevue Ave Crested Butte  
970-349-5968

**Sims Chiropractic**  
724 North Main Street, Gunnison  
970-641-2818  
www.simschiropractic.com

**Counseling/Therapeutic Services**  
*Description: providing people with support and comfort through difficult times a person may be going through*  
*Insurance: Covered by most insurance, check with provider and insurance carrier*

**Black Canyon Counseling**  
107 East Georgia Avenue  
641-5119

**Monica Bilow**  
monicabilow@yahoo.com  
(w) 970-349-0703  
970-901-6129  
Drugs and alcohol rehabilitation programs, DV victims & Offenders

**Boscaro, Laurie**  
laurieboscaro@gmail.com  
(c) 970-901-9192  
Family Preservation, Family Dynamics, Life Skills, Education  
Wraparound Facilitator

**Castle Mountain Therapy**  
Carole Dlugasch. M.A, ED.S., PH.D.  
dlugasch494@roadrunner.com  
970-641-6273

**Coykendall, Susan**  
scoykendall@western.edu  
970-275-5732  
Psychological Assessment
Crested Butte Counseling Service LLC  
429 6 St Crested Butte  
970-349-5344  
Jean Bell-Dumas, M.S., LPC, LLC  
Depression, Anxiety or Fears, Relationship Issues, Addiction, Adoption, Anger, Management, Attention Deficit (ADHD), Autism, Chronic Pain or Illness, Divorce, Eating Disorders, Infertility, Life Coaching, Loss or Grief, Parenting, Spirituality, Substance Abuse, Trauma and PTSD

East River Counseling  
Crested Butte 970-349-6509  
Gunnison 970-252-7803  
Marcie Telander M.A., R.E.A.T., C.G.P.  
Expressive Arts Therapist uses visual art, writing, journaling and Somatic or Body Movement Experiencing

Eric Krawczyk, M.A., LPC, BCPCC  
107 N. Iowa St., Downstairs, Gunnison, CO 81230  
I also advertise an outdoor office and house calls as well!  
970.765.8480  
info@erickrawczyk.com  
www.erickrawczyk.com

Fickel Spencer L  
710 N Taylor St  
970-641-0229

Gunnison Valley Christian Counseling  
107 N Iowa St Gunnison  
970-642-0200

Haley, Mary Mike

Jubilee House  
304 Tomichi Ave Ste 22 Gunnison  
970-641-2712

Living Life with Metta  
6 nowmass Rd #12, Mt Crested Butte  
619-994-8501  
www.livingwithmetta.com  
Linda Olesen  
Thai BodyWorker (RTT) Personal Trainer (ACE) Yoga Practitioner (RYT) Life Coaching (MSW)
Midwestern Colorado Center for Mental Health  
710 N Taylor St Gunnison  
970-641-0229  
http://www.centermh.org/contact/our-offices/gunnison-outpatient  
Individual Therapy, Group Therapy, DBT (Dialectical Behavior Therapy), Family Therapy, Psychiatric Evaluations, Medication Management, Case Management Services, Nursing Home Services, Employee Assistance Programs, Consultation and Education, Strategies for Self Improvement and Change, Horses for Change Equine Assisted Psychotherapy Program, Enhanced Outpatient Therapy

Quiet Waters Counseling, LLC  
Lawrence, Lendol, MA  
(970)765-1975  
Gunnison, CO 81230

Seastrum Claudia P  
320 N Main St.  
970-901-6731

Smock, Cindy  
234 N Main St Suite 3C #100 Gunnison  
970-641-5155

Stillriver Center for Wellness  
7405 W US Highway 50  
719-539-4100

Dentists  
*Description* - provide care concerned with the prevention and treatment of tooth and gum disorders and diseases  
*Insurance* - Check with insurance for coverage.

Elk Avenue Dental Center  
Provider Name: Faktor, Michael DMD  
Location: 412 Elk Ave., Crested Butte  
Phone: 970-349-5880

Family Dentistry  
Provider Name: Osborne, Joshua DMD  
Location: 321 N Main, Gunnison  
Phone: 970-641-3004
Gentle Dental Care  
Provider Name: Anderson, Scott DDS  
Location: 306 N. Main, Gunnison  
Phone: 970-641-4200

Harvey, Shawn DDS  
Location: 120 Majestic Plaza, Crested Butte, by the movie theatre  
Phone: 970-5731

Kahn, Timothy DDS  
Location: 3251 County Road 48, Gunnison  
Phone: 9760-641-1177

Schmidt, John DDS  
Location: 317 W Virginia Ave, Gunnison  
Phone: 970-641-3347

Zirker, Darrick DMD  
Location: 204 N 12th St., Gunnison  
Phone: 970-641-3406  
Medicaid Accepted

Dermatologists  
*Description:* Use for any disorders of the skin, skin cancer screenings or for cosmetic problems of the skin, hair or nails.  
*Insurance:* Covered by many - contact your provider

Timko, Anthony MD  
Location: GVH  
Notes: In Gunnison first and third Tuesday every month. Call office in Salida for appointment.  
719-539-4600

Ear-Nose-Throat  
*Description:* Services include facial and reconstructive plastic surgery, disease of ears, nose and throat, head and neck cancer, skin cancer surgery and endoscopic sinus surgery. Cosmetic surgery includes, face lifts, surgery of eyes and nose, chemical peels and CO2 laser for facial resurfacing.  
*Insurance:* Covered by many - contact your provider

Henderson, Patrick DO  
Location: GVH  
Notes: In Gunnison third Tuesday of each month. Call Montrose office for appointment. 970-249-6968
Merrell, James MD
Location: GVH
Notes: In Gunnison the first Wednesday of every month. Call Grand Junction office for appointment.(970) 245-2400

**Family Practice and Naturopathy**
*Description:* Use for preventative care, illnesses, pediatrics, women’s and men’s health, and injuries.
*Insurance:* Covered by all

Crested Butte Ski Area Clinic
Moore, Thomas MD, Ph.D.
CBMR base area next to Colorado FreeSkier
970-349-2677

Gunnison Valley Family Physicians
Providers: Garren, Lauretta MD; Matthews, Marie MD; McMurren, Jay MD; Holder, John PA-C; Talbert, Nicol PA-C
Phone: 970-641-0211
Location: 130 E Virginia, Gunnison

Gunnison Family Medical Center
Providers: Wolkov, Jay DO; Lynch, Leandra MD; Williams, Nikki PA-C; Hamilton, Dusty PA-C
Phone: 970-641-1771
Location: 707 N. Iowa, Gunnison

Huntington, Joanne MD
Location: 309 6th Street, Crested Butte
Phone: 970-349-7193

Roanne Rouse Houck, N.D.
Acli-Mate Formulations, LLC (1-866-641-5361)
Main Street Clinic, LLC
320 N Main St. Gunnison, CO 81230
970-641-5363 (Office)

Spector, Ilene D.O.
277A Blackstock Drive, Crested Butte, CO 81224
970-349-2095
Osteopathic Manual Medicine
Town Clinic of Crested Butte
Providers: Thorson, Eric MD; Sherman, Roger MD
Phone: 970-349-6749
Location: 214 6th Street in the Ore Bucket Building, Crested Butte
Website: http://www.towncliniccb.com/

General Surgery
Description: Use for surgical intervention of disorders of the abdominal region. Also performs screenings such as colonoscopies.
Insurance: Contact your provider

Bishop, John MD FACS
Location: GVH
Phone: 970-641-3927

Hospitals
1. Gunnison Valley Hospital

Massage Therapy/Bodywork
Description: Application of various techniques to the muscular structure and soft tissues of the human body.
Treatment: injury recovery, chronic pain relief and deep relaxation, Increasing circulation, fatigue, sleep quality, anxiety, back pain, migraines, joint flexibility, injury, foot issues, reducing cramping and spasming, pre and post-natal pain, strengthening of muscles, muscular imbalances

Advanced Bodywork & Therapeutic Massage
970-596-3882
Lyn Maresca RMT, CNMT

A Massage Studio
427 Bellevue Avenue Crested Butte
970-349-5664
http://www.amassagestudioincb.com
Swedish massage, Deep Tissue Massage, Prenatal Massage, La Stone Hot Stone Therapy, Ortho-Bionomy®, active isolated Stretching, lymphatic drainage, visceral manipulation

Ananda Massage
809B Gothic Ave
970-596-5964
www.anandamassage.co
Caith Crosby RMT
Swedish, deep tissue, Neuromuscular, energy work, acupressure, hot stone, lymph drainage
Crested Butte Massage
202 Elk Avenue
970-209-5984
www.crested-butte-massage.com
Larson, Mary
Deep Tissue Massage, Swedish Massage, Sports Massage, Pampering Foot Treatment, Hot Stone Massage, Aromatherapy

Escape Bodywork Boutique
115 Elk Ave Suite F
970-765-8065
www.crestedbuttemassage.com
Sarah Darval

Good Medicine Massage & Bodywork
Timber Moreland
970-901-1622
Specialized in orthopedic/ Sports massage, Myofascial work, Deep Tissue massage, Neuromuscular therapy, Thai Yoga/ Assisted Stretching and Aromatherapy

Hawaiian Bodywork and Massage Therapy
211 N Iowa St, Gunnison, CO 81230
970-596-0534
www.hawaiianbodywork.massagetherapy.com
Tricia Kalka, LMP, LLC
Therapeutic massage utilizing a variety of techniques including Hawaiian lomilomi, deep tissue, trigger point, myofacial and relaxation massage

Mary Lytle Massage Therapy
202 Elk Avenue
970-596-5600
Combine massage with knowledge and tools from Reiki, ReConnective Healing, Tongren Healing, and Matrix Energetic

Mountain Gem Wellness
202 Elk Ave. Crested Butte
970-596-0724
http://www.mountaingemwellness.com
Andi Burnite-NCMT
Therapeutic Swedish Massage, Deep Tissue/Sports Massage, Hot Stone Massage, Stones of Light, Vibrational Healing/Reiki, Detoxifying Herbal Wrap
**Oh-Be-Joyful Therapeutic Massage**  
Chorlton, Katie CMT  
427 Bellevue Avenue, Suite 203 Crested Butte  
970-209-0366  
www.ohbejoyfulmassage.com  
Relaxation & Stress Reduction Massage, Prenatal Massage, Aromatherapy, Sports Massage, Deep Tissue Massage, Trigger Point Therapy, Myofascial Therapy, Assisted Stretching, Neuromuscular Therapy, Range of Motion & Postural Assessment

**Patti Gast Massage & Reiki**  
407 4th St Crested Butte  
970-209-5860  
www.crestedbuttemassageandreiki.com  
Patti Gast  
Integrated Massage, Reiki and Ortho-Bionomy  
House calls available.

**Peak Massage**  
115 Elk Ave., Crested Butte, Co. 81224  
760-840-7049  
www.peakmassage.net  
Nicole Digate, CMT  
Prenatal, Hot Stone, Deep Tissue, Neuromuscular, Swedish Massage

**Rose of Wellness**  
4th and Elk, Crested Butte  
(248)765-2297  
www.roseofwellness.com  
Briana Rose Wiles  
Structural Integration (Rolfing), Massage Therapy, & Reiki

**Shiatsu Massage**  
(970)-275-2767  
www.CBshiatsumassage.com  
Jessica Hartigan

**Stay-at-Home Massage**  
mobile (I come to you)- Crested Butte, Mt. CB, Almont, Gunnison  
(518) 466-4431  
www.stayathomemassage.com  
Karen Kubarek  
Swedish/relaxation, hot stone therapy, sports, deep tissue, acupressure
Take Five Chair & Clothed Table Massage
123 W Tomichi #9, Gunnison
970-648-4870
www.take5chairmassage.massagetherapy.com
Michelle Zanga
Chair & Clothed Table Massage; Traditional Table Massage; Retail Sales of BioFreeze, AcliMate, CB Card CO artwork, music, Scentsable Air Fresheners

Traci Chivington Murdza, LMT, MMP
Location 211 North Iowa
970- 596-5101
Relaxation, Therapeutic, and Medical Massage as well as energy and hot stone therapies

Neurology
Description - Electromyography and nerve conduction studies for carpal tunnel, back and extremity pain. Used to treat Strokes, MS, headaches, migraines, and any neurological disease.
Insurance – Check with individual insurance

Gilman, Neal MD
Location: GVH
Phone: 970-243-9180
Notes: In Gunnison the third Tuesday of each month. Call Grand Junction office for appointment.

OB/GYN and other Pre-natal/Birthing Options
Description - Use for yearly exams, disorders of the female reproductive system, and prenatal care and birthing.
Insurance – Covered by most, check with your insurance

Bonney, Timothy MD FACOG
Location: GVH
Phone: 970-641-1190

BirthRoots: Childbirth Hypnosis and Labor Doula Services
234 North Main, Suite 3C, Gunnison, Colorado 81230
970-596-5735
www.birthrootsbaby.com
Kelly Downum, HCHI, HCHD, LD (DONA, CAPPA)
- Certified Hypnobabies Childbirth Education Classes, Labor Doula Services, Certified Hypno-Doula Services, Cloth Diaper Consultations and Sales, Hypno-Doula Workshops, and Community and Health Care Professional In-services
Kuehlhorn, Annie
970-596-8954
blissmamas.com
Offering labor doula, postpartum doula services. Prenatal massage and Swedish massage to women, kids & babies. Birth consulting locally and nationally. Homebirth assistance

Niccoli, Sherry MD PC
Location: 234 N. Main St., Suite 2C, Gunnison
Phone- 970-641-2885

Prairie Love Midwifery
970-901-9276
Marlene Bergman is a Certified Professional Midwife and Registered Midwife serving Gunnison, Crested Butte, Lake City, Salida and Buena Vista.

Oncology
Description: Offers patients an entire realm of cancer care, expert and innovative services and advanced treatment options
Insurance: Check with individual provider

Allan Miller, M.D.
970-641-297

Eric Schmidt, M.D.
970-641-297

Optometry
Description: Use for vision screenings, diagnosis of eye disorders such as cataracts, glaucoma, and retinal diseases.
Insurance: Covered by most - check with provider

Abba Eye Care
Adamich, Andrew OD
Phone: 970-641-2020
Location: 420 N. Main St, Gunnison
Website: http://www.abbaeyecare.com/

Family Vision Center
Provider: Schwartz, Amy OD
Phone: 970-641-2422
Location: 200 N. Spruce, Gunnison
**Orthopedic Surgery**

*Description* - Use for sports injuries, fractures, joint pain, or any other musculoskeletal injuries.

*Insurance* - Check with insurance agency for coverage.

**Alpine Orthopedics**
Providers: Beim, Gloria MD
Escalante, Alonso MD
Griggs, Rhett MD
Phone: 970-641-6788 (Gunnison), 970-349-1046 (Crested Butte)
Locations: 112 W. Spencer Ave., Gunnison
405 Elk Avenue, Crested Butte
Website: [http://www.alpineorthopaedics.com/](http://www.alpineorthopaedics.com/)

**Chamberland Orthopedics**
Provider: Chamberland, Patricia MD
Phone: 970-641-4355
Location: GVH
Website: [http://www.scopesurgery.com/](http://www.scopesurgery.com/)

**Crested Butte Ski Area Clinic**
Provider Name: More, Thomas MD, Ph.D.
Location: CBMR base area next to Colorado Free Skier
Phone: 970-349-2677

**Occupational Therapy**

*Description* – Occupational therapists treat patients with injuries, illnesses, or disabilities through the therapeutic use of everyday activities. They help these patients develop, recover, and improve the skills needed for daily living and working.

*Insurance* – Check with your individual insurance

**Stacey Pozner**
(732) 682-1060
spoznerotr@gmail.com
Serves infants, children and adults with sensory processing disorders and those who struggle with visual, fine/gross motor and daily living skills

**Physical Therapy**

*Description* - Physical therapy focuses on physical rehabilitation to help patients to achieve functional independence

*Insurance* - Check with individual insurance companies to see what insurances apply

1. Gunnison Valley Hospital
**Reiki and Energy work**
*Description* - A gentle, powerful energy that promotes spiritual, physical and emotional wellbeing.

*What does it treat:* Pain, injuries, nervous system issues, endocrine imbalance, trauma and restores balance and well-being to all body systems using positioning and gentle compression to address the nervous system and energetic field.

**Attraction Based Consciousness**
970.596.5735
Crested Butte, CO

**Function Awareness Integrated Bodywork**
407 4th Street # 6, Crested Butte CO 81224 (above Mtn. Earth Grocer)
970- 497-0970
www.FunctionAwareness.com
Paulette Hansen
Integrated Bodywork: Ortho-Bionomy®, Reiki & Sound Repatterning

**Garden of Healing**
Box 174, Crested Butte, Colorado 81224
970-349-5307
Trudy Yaklich, Registered Practioner
Ortho-Bionomy, Reiki *

**H.E.L.P.**
114 County Road 33 Unit #27, Gunnison
970-641-7414
Cell # 316-323-9581
Cynthia (Cindy) Anderson
Quantum-Touch

**Light Touch Reiki**
427 Belleview Crested Butte
970-596-0967
Kelly Brutsch

**Lori Patin Reiki**
211 N Iowa Street, Gunnison
970-641-3010
Lori Patin
Reiki and Light Running
**Rolfing**

*Description:* Form of hands-on manipulation and movement education that works on the connective tissue (fascia) to release, realign and balance the whole body. Enhances your posture and freedom of movement.

*What does it treat:* Chronic Pain, Posture Issues, Diet Choice Difficulties, Inflexibility

*Insurance:* Only through workman’s comp and Auto insurance, not Health Insurance

**Body Design Inc.**
101 N. 10th Street Gunnison
970-209-9723
www.totalbodymind.com
Jani Wedmore Pulaski
Rolfing Structural Integration, Kundalini Yoga, Health Coaching

**Spa Services**

**Creekside Spa**
120 Elk Ave (above Ryce) Downtown Crested Butte, CO
970-325-3860
www.crestedbuttespa.com
Andi Burnite/RMT and Mary Larson/RMT

**Metamorphosis Salon and Spa**
901 W. Tomichi Ave Gunnison, CO 81230
970-641-1222
www.gunnisonsalonspa.com
Priscilla Swanson, Bev Jordi, Jill Cooper, Corbett Nelson, Eva Paul, Colleen Nicholas, Cara Apsey, Karah Cunningham, Ashley Silvis, Barbara Hay, Rosalba Medina, Marissa Cyrus, and Rory Kahn.

**The Elevation Spa**
500 Gothic Road
Mt. Crested Butte, CO 81225
(970) 251-3500
www.elevationspa.com
Spa Director: Scott Kilbourne
Spa Manager: Kelly Maxfield
**Speech and Language Therapy**

*Description* – Speech-language pathologists diagnose and treat communication and swallowing disorders in patients.

*Insurance* - Check with individual insurance

**Ellyn Houghton**
114 N. Boulevard Street
Gunnison, CO

**YOGA**

*Description* – concerned with mental and spiritual well-being than physical activity

*Insurance* – Check with individual insurance

**Brenda Fleming**
719-207-2010
Main Street Yoga

**Candy Carlson**
970-209-2793
Main Street Yoga

**Elk Ave Fitness**
223 Elk Ave Crested Butte
970-349-5600

*Fees*
- 10 Class Card: $110
- Unlimited Month: $95
- Unlimited 6 Month: $85/month
- Unlimited 12 Month: $75/month
- Family Unlimited Month: $135/month

**Jai Yoga**
Main Street Yoga Studio
320 1/2 N. Main Street
Gunnison, Colo. 81230
970-275-5987

**Lindsey Schauer**
Main Street Yoga
The Sanctuary
405 W Tomichi Ave, Gunnison
970- 275-8927
www.gunnisonsanctuary.com
  - Yoga, Pilates

Fees
  - Starting with 4 Classes/ $36

Yoga for the Peaceful
120 Elk Ave Crested Butte
970-349-0302
www.yogaforthpeaceful.org

Sherrill Stenson Y.O.T.H.
970-275-5987
Main Street Yoga

EDUCATION

Disability and Specialty Services

Adaptive Sports Center
PO Box 1639, Crested Butte, CO, 81224
1-866-349-2296 / (970) 349-2296 / Fax: (970) 349-2077
www.adaptivesports.org

Bal-A-Vis-X
Mel Torpey
(970) 596- 1645
bouncegunnison@me.com
http://bal-a-vis-x.com/
$40/hour for individual sessions and $25/hour for group sessions
Bal-A-Vis-X is a series of Balance/Auditory/Vision eXercises, of varied complexity, all of which are deeply rooted in rhythm. For Brain and Brain/Body integration.

Gunnison Workforce Center – Division of Vocational Rehabilitation (DVR)
109 East Georgia, Gunnison, CO 81230
(970) 641-0031
Email: Gunnison@cwfc.net
http://www.yourworkforcecenter.com/
Laci Anderson
DVR serves Individuals with disabilities who face a substantial barrier to employment and
Employers. You are eligible for DVR services if you have a disability that makes it hard for you to find or keep a job and you need DVR services to deal with your disability limitations. This program provides employment services and counseling to people with disabilities, or arrange for services to enable an individual to go to work. DVR also provides training and technical assistance to employers regarding disability employment issues.

**Six Points**  
320 South 14th Street  
P.O. Box 1002  
Gunnison, CO 81230  
(970) 641-3081

**Occupational Therapy**  
Stacey Pozner  
(732) 682-1060  
spoznerotr@gmail.com  
Serves infants, children and adults with sensory processing disorders and those who struggle with visual, fine/gross motor and daily living skills/

**Recreational and Arts Programs/Centers**

**Center for the Arts**  
606 6th St, PO Box, Crested Butte, CO, 81224  
(970) 349-7487  
www.crestedbutte.org  
Email: info@crestedbuttearts.org  
Art: private and group lessons, workshops and classes: pottery, ceramics, printmaking, drawing, knitting, wheel throwing, glass painting, centerpieces, winter wreaths, jewelry making (Pre-K-Adult)  
Dance / Dance Collective: Aerial dance; Move the Butte Dance: ballet, tap, jazz, and aerial,  
Music / Events (12 years, up to adult).  
Rates range from $15-$175.

**City of Gunnison Parks and Recreation**  
970-641-8060

**Crested Butte Mountain Guides**  
218 Maroon Ave # C, PO Box 1718, Crested Butte, CO, 81224  
(970) 349-5430  
www.crestedbutteguides.com  
Email: info@crestedbutteguides.com  
Back country education programs (skiing/snowboarding)  
Ages range from 0-100.  
Rates Range from $75-$395/day (depending on activity & amt. of people).
Crested Butte Mountain Resort – Ski & Ride School
12 Snowmass Rd, Crested Butte, CO, 81225
(970) 349-2222, Reservations: 1-800-444-9236

Crested Butte School of Dance
3rd & Maroon Ave, Crested Butte, CO, 81224
(970) 349-5686
www.dancecrestedbutte.org
Ages: creative dance for infants and toddlers, Pre Ballet and Creative Movement (Ages 3 ½ – 4), Ballet and Tap for Level Pre-K (ages 4 ½ – 5) and Levels K, 1 and 2, Ballet/Jazz Level 3-5, Ballet Level 6-7, 8-Adult, Beginning level Pointe class, All level tap, hip-hop, & belly dance.
Rates range from $12/hr-$1000 for unlimited classes, Scholarships available.

Gravity Groms Alpine Day Camps
Po Box 2147, Crested Butte, CO 81224
(970) 765-6771
gravitygroms@gmail.com
Gravity Groms LLC Alpine Day Camps are summer outdoor daytime recreation camps in Crested Butte, CO for kids ages 6 – 15. This is the ultimate alpine playground and the kids will learn how to play hard and play safe in this environment. Activities include mountain biking, Skate Park, bmx jumps, hiking, disc golf, orienteering, camping, geology, local history, swimming, and lots of epic adventures!
Rates: $50/day for kids registered in the local school district. $60/day for visitors.

Gunnison County Library District
Ann Zugelder Library (Gunnison)
Monday-Thursday 9a.m. - 7p.m.
Friday 9 a.m. - 6 p.m.
Saturday 10 a.m. - 4 p.m.

Old Rock Community Library
Monday-Thursday 9a.m. - 7p.m.
Friday 9 a.m. - 6 p.m.
Saturday 11 a.m. - 4 p.m.

Gunnison Valley Observatory
Gunnison Valley Observatory
PO Box 1227
Gunnison, Colorado 81230
970.642.1111
Gunnison Valley Observatory offers many exciting ways to support its mission and goals. You can attend the summer Friday lecture series and telescope viewings, volunteer, book a private showing or become a financial sponsor. For more information about the observatory, please call.
High Country Kenpo Karate
351 Blackstock Dr, Crested Butte, CO, 8124
(970) 349-7796
www.fightteam.net
Learn martial arts: Karate

Hinsdale County Library
(970) 944-2615

Mountain Heart School of Bodywork
PO Box 575, 719 Fifth Str., # 1 (upstairs), Crested Butte, CO, 81224
1-800-673-0539, Text or after hours call: (970) 275-1090
school@mountainheart.org
Study Massage Therapy & Bodywork training and certification for adults.
Tuition: $7650-$8500.00 (or less!)

Mountain Adventures
Mt. Crested Butte Recreation Department
P.O. Box 5800, Mt. Crested Butte, CO 81225
970-349-6632
Mountain Adventures is a fully licensed summer day recreation program for boys and girls ages 6 to 14. Experience our mountains, rivers, lakes, crags, trails, and scenery from river raft, by foot, on a mountain bike, in a canoe, with a fly rod in hand, or high on a cliff! The mission of Mountain Adventures is to provide opportunities for personal growth and connection to the community through safe, educational, and fun adventure-based activities.

Mountain Sports Team
kids learning to ski and ride to driven student athletes.
12 Snowmass Rd, Mt. Crested Butte, CO, 81225
(970) 349-4441 – Grant Jamieson
www.skicb.com/cbmr/info/mountain/mountain-sports-team.aspx
Junior Development Team “Jr. Devo’s”: Ages 7-10, Development Team “Devo’s”: Ages 11-12 (Based On Dec. 31st age), Competitive Team Program: Ages 13 – 17 (Based on Dec. 31st age). Rates range from $125 - $3,680 (dependent upon weekend camps or team programs).

Partners Youth Summer Camp
(970) 641-5513
Julena Swanson [jswanson@gunnison.com]
Local summer camp option for kids between the ages of 6-11 years old. Volunteer opportunities available for older youth. Camp will typically run from noon – 4pm at the Gunnison Elementary School, beginning the end of May and runs through the beginning of July. There are games, arts and crafts, and special guest prevention activities. Call the Partners office for more information.
Rocky Mountain Biological Lab
Environmental Education
Administrative Phone/Fax (970) 349-7231
Business Phone/Fax (970) 349-7481
Mail: Rocky Mountain Biological Laboratory
P.O. Box 519
Crested Butte, CO 81224
The Lab offers both adult and kid's programs during the summer. For more information about the Kid's Nature Camp and Adult Exploration Experiences program including wildlife hikes, wildflower walks, and history tours go to http://rmbl.org/home

The Gym
523 Riverland Dr Crested Butte
970-349-2588
www.thegymincrestedbutte.com
Yoga, Pilates, Indoor Biking, Body Sculpt, Active isolated Stretching, Balls Buns Abs classes/ Personal Training, Ballet, weight room, cardio room, Cycling, Fitball

The Studio Art School
Kids programming takes place at The Trailhead Children's Discover Museum in Mount Crested Butte. Adult programming takes place at The Art Studio of The Center for the Arts at 111 Elk Avenue.
(970) 349-2799
www.crestedbuttestudio.com

Trailhead Children’s Discovery Museum
Crested Butte Mountain Resort
12 Snowmass Rd, Mt. Crested Butte, CO, 81225/ P.O. Box 1508, Crested Butte, CO 81224
Located in the Outpost Building @ the base area of Mountain Crested Butte.
(970) 349-7160
www.trailheadkids.org
Email: info@trailheadkids.org
There are events, camps, and studio art programs.
Ages 1-13.
Rates range from $12 (drop in fee) - $130 (per session).

West Elk Soo Bahk DO
308 3rd St, Crested Butte, CO, 81224
(970) 349-7752
www.westelsobahkdo.org
Email: connect@westelsobahkdo.org
Character education through martial arts training for adults and children.
Ages range from 5-62 years old.
Rates: Introduction Classes- 3 for $20, $80/month (kids), $99-$115/month (adults).
Western Pilates
Two studio locations:
Wellness Center at 211 N Iowa Gunnison &
Ore Bucket Bld. at 214 6th St. Suite #5 Crested Butte
- offer private & semi-private Pilates apparatus sessions
- group classes for Pilates Mat and 2 kinds of Core Suspension Training -- the TRX system & the Redcord double anchor-point suspension training system
- Thai Yoga Therapy sessions -- which consists of active assisted stretching and acupressure -- sometimes called "Lazy Man's Yoga."

4-H Youth Development
970-641-1260
4-H began a century ago as an educational program for the nation's rural youth. Today, 4-H meets the needs of and engages young people in positive youth development experiences. These experiences are based on the idea that young people should be regarded as resources to be developed. 2002 marked the centennial of 4-H and a renewed commitment to helping shape youth and communities. In looking to the next century, 4-H further develops its programs and continues its motto of "Making the Best Better."

Public Schools:

Crested Butte Community School – Elementary, Middle School, and High School.
818 Red Lady Ave, Crested Butte, CO, 81224
Ph: (970) 641-7720 / Fax: (970) 641-7729
www.gunnisonschools.net/index.aspx?NID=18

Email: Click on email link that is on the Crested Butte Community School Website.

Gunnison Watershed School District RE1J-Elementary, Middle, and High School.
800 N. Boulevard St.
Gunnison, CO 81230
Ph: (970) 641-7770
Fax: (970) 641-7777
E-mail: www.gunnisonschools.net
Lake City Public School
614 N. Silver St.
PO Box 39
Lake City, CO 81235
970-944-2314

Private Schools

ORSCH (One Room School House)
102 South Main Street Suite B
Gunnison, CO 81230
(970) 641-6758
Orsch is a world in which education is exciting and dynamic. We recognize that there are an infinite number of learning styles; therefore, infinite approaches to learning should be available. We recognize the route to a thriving, capable learner is through independence, creativity and limitless approaches

Pre-schools / Licensed Childcare:

Gingerbread House
Linda Lobdell
301 S. Second St. #1
Gunnison, CO 81230
Phone Number (970) 209-5035
lobdelltony@yahoo.com
Licensed to take up to 6 children full time and 2 children for after school hours, Hours: 7:30 am-5:00 pm M-F

Lake City Community School
PO Box 39
Lake City, CO
944-2314
3-5 years

Lake School - Gunnison Watershed School District RE1J
800 N. Boulevard St.
Gunnison, CO 81230
Ph: (970) 641-7770
Fax: (970) 641-7777
E-mail: www.gunnisonschools.net
Little Learners  
Dannette Witzel  
264 Tomichi Lane  
Gunnison, CO 81230  
Ph: 719-439-0988  
6mos. - 6yrs.

Little Red Schoolhouse and Tiny Red Schoolhouse  
49 Gillaspey Ave, Crested Butte, CO  
Ph. (970)349-0996  
http://crestedbuttelittlered.com/index.html  
www.lilredschoolhouse1@yahoo.com  
Ages: babies as young as 3 months-6 (Pre-K to K). Rates range from 5 days/week- $39 daily rate, 4 days/week- $41 daily rate, 3 days/week, $43 daily rate, 2 days/week- $44 daily rate.

Little People’s Learning Center  
349-2833  
Ages 2-5

Miss Jenny's Friendship House  
703 Sorpis Rd.  
349-1726  
Miss Jenny's Friendship House is a unique in-home preschool program located in Crested Butte South. It is my vision to provide a loving, fun, inspiring and safe environment that encourages cooperative learning with nurturing structure. Accented with the Montessori approach, this hands-on, child-centered learning style is individualized and paced at each child's particular rhythms; giving your child an incredible first educational experience that will be part of the rest of his or her life! Ages 3-5 years

Paradise Place Day Care  
404 Maroon Ave, Crested Butte, CO  
Ph., Classrooms: 970-349-1832, Office: 970-349-2149  
HOURS: 7:50-5:30, M-F  
www.paradiseplaceschool@gmail.com  
Our programs and classes are structured according to age. Ages range from 1-5 yrs. old  
Rates range from $30 (half-day)-$225 (5 full days)

Playful Seasons  
Karen, Glass  
1002 N. 11th St.  
641-4656  
2.5mos-6 years. Waldorf Based School
Seasons Schoolhouse
Nancy Pierce
617 W. Virginia Ave.
641-4511
2.5mos-6 years

Sheila Russell with “Creative Corner”
908 N 11th St
(970) 641-1715
Sheila does civic based learning and experiential learning with the children in her care. Ages 1 – 6 yrs old., Call for pricing

Stepping Stone Nursery School
7th and Belleview, PO BOX 1310, Crested Butte, CO, 81224
Ph. (970)349-5288
www.steppingstoneschildrenscenter.com
Email: steppingstones@crestedbutte.net
Infant/Toddler Care, Preschool Program, and Summer Day Camp.
Provides care for infants 6 months to 5 years old (year round), 12 months – 8 years old (Summer Day Camp).
Rates range from $30-$48/day & $40-$60/day – Summer day camp.

Summer, Cynthia
1313 W. Ohio Ave.
641-1367
Gunnison, Co 81230
gcsummer@pcrs.net
Ages: 0-11, Flexible morning hours, closes at 5:15pm Monday- Friday, Call for pricing

Tami Coen- Home Child Care
toenfamily@netscape.com
88 Willow Trails
(970) 641- 3775
Description: "Enriched childcare with Montessori and character building emphases"
Hours and Days of Operation:
8:45 to 11:45, Tuesday through Friday. I follow the RE1J school schedule, including all breaks. Ages: The age range is 3 - 6. Rates: I charge a flat fee of $250.00/month.
The full monthly fee and the part time fee work out to about $12.50/day.

Tenderfoot
700 N. Colorado St.
642-1949
1.5mo - 13 years
**Townsley, Julie**
13 Sage Lane  
(970)-641-2925  
Ages: Infants – 13 yrs of age  
Call for pricing- Julie accepts CCAP and serves breakfast and lunch and is knowledgeable of how to care for children with food allergies.

**Vollendorf, Jessica**
Tender Loving Day Care, LLC  
(970) 641-4846  
At Tender Loving Day Care, children experience a fun, nurturing day of child care. There are structured and unstructured experiences offered. A preschool program that will eventually be based on Colorado State standards.

**Watch Me Grow Child Care LLC**
Susan Johnson  
Location: 1.5 miles N of Gunnison  
Phone: (970) 641-0232  
Watch Me Grow offers a safe, loving environment for play, learning, and fun for children. Here children learn “respect for ourselves, for others, along with manners, and everyday learning experiences. Hours: 7:00 am- 5:15 pm M-F, Ages: Infant-12

**Wee Care**
425 N. Henson St.  
Lake City, CO  
944-0106  
1-8 years

**Educational Supports**

**Cindy Chamberland**  
cchamberland@msn.com  
(c) (970) 901-1695  
Cognitive Behavioral approach  
Other eclectic modalities  
Wraparound Facilitator and Coach

**Kari Commerford, M.A - Speaker/Educator**  
Lecturer of Psychology  
Western State College of Colorado  
Kcommerford@western.edu  
719-660-0147  
Specializing in community outreach, speaking engagements, trainings and professional workshops, parent and child education, and conference coordination/administration. Speaking
and training topics include, but not limited to; Lifespan Development topics (Bio-Psycho-Social aspects), Child and Adult Psychopathology (Disorders) and Treatment, Family Communication, Increasing coping Skills, Rural Health, and Eating Disorders.

**Gunnison County Substance Abuse Prevention Program (GCSAPP)**
Brooke Harless, Project Director
Phone: (970) 642-7396
www.gcsapp.net.
GCSAPP is a community prevention coalition funded through the federal Drug Free Communities grant. Our mission is to promote a healthy and safe community through the reduction and prevention of substance abuse. GCSAPP provides prevention education through Gunnison Watershed School District, prevention resources for parents, works closely with Western State College, coordinates the Crested Butte Youth Council. We are a broad based coalition with 30 active and diverse members from all types of community groups.

**Peak Education & Consulting, LLC**
214 6th St, P.O. Box 903, Crested Butte, Co, 81224
(970) 349-2830
http://peakeducationconsulting.com
Email: questions@peakeducationconsulting.com
Tutoring, SAT/ACT Test Preparations, college consulting, summer/winter programs, cultural travel, and service, home school support, and on-line programming, early childhood education.
Age ranges from K-12th grade.
Rates: Consulting- $25-$200/hr, Tutoring-$15-$75/hr.

**WRAP (Western’s Responsible Alcohol Program)**

**Family and Support**

**Child and Family Services and Programs**

**Adult and Family Medical Coverage**
970.641.0209
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
This program helps individuals, families, and children apply for various State and Federal medical insurance programs. Application may be made at our office. Qualification is generally based on certain income and resource guidelines. Special programs currently exist for pregnant women. Contact us for additional information.
Adult Protective Services
970-641-0209 / (970) 641-3244
Protective services are provided to individuals who are unable to care for themselves. We assist family members in making safe arrangements and in some situations, may assume protective care if others are unable to do so. Services include assisting persons to move from potentially harmful situations, providing a protective placement, assisting in money management, arranging for legal assistance and judicial processes.

Aid to the Needy and Disabled (AND)
(970) 641-3244
This program financially assists those individuals who have been, or expect to be, disabled for six months or more and have applied for Supplemental Security Income.

CASA (Court Appointed Special Advocates)
304 W. Tomichi Ave.
Ste 22, Gunnison, CO 81230
970-641-8721

Childcare Assistance
(970) 641-3244
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
Financial assistance with childcare may be available to individuals working toward self sufficiency. The amount of assistance depends on the family size and monthly gross income.

Child Protective Services
(970) 641-3244
The focus of this program is on protecting children from abuse and neglect and assisting parents in improving their parenting skills and preserving family unity. Primary objectives included family stability, child safety and permanency.

Child Support Services
(970) 641-3244
Child support services include paternity testing, enforcement of support, legal services for child support orders and location of non-custodial parents. Our objective is to promote the welfare of children through the strengthening of support from non-custodial parents.

Colorado Legal Services - Gunnison Office
200 E. Virginia Avenue
Gunnison, CO 81230
Phone: 970-641-3023
Fax: 970-641-3023 (call before sending fax)
Toll Free: 800-521-6968
This site provides help for low-income Coloradans seeking civil legal information such as: self-help legal information, where to find no or low-cost legal help and whether you qualify for that
help, information about the courts and more.

**Colorado Works (Temporary Aid to Needy Families)**
970.641.0209 / (970) 641-3244
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
Colorado Works provides financial, medical, and other assistance to needy families. This is a time-limited program tied to self sufficiency efforts by the family. The goal is to help families attain employment through skills development, education, job placement, supportive counseling, case management, and service linkage.

**Energy Assistance Programs**
970.641.0209/ (970) 641-3244
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
The Department can assist families and individuals with financial assistance and referral to weatherization programs for management of their utility costs. Some programs are time limited and income based. Call our office for additional information.

**Family Planning**
970.641.0209
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
Offers services and testing for males and females in Gunnison County, including: Birth Control Options, Sexually Transmitted Infection (STI) testing and treatment, Emergency contraception (Plan B), Women’s annual exams, Pregnancy Testing, Women’s Wellness Connection (For women 40+ years old who qualify). All appointments are strictly confidential. Cost for services based on an income dependent sliding fee scale.

**FAST (Family Advocacy and Support Team)**
Meghan Dougherty, Coordinator
Email Meghan Phone: (970) 641-7665
Fax: (970) 641-9079
Family Advocacy Support Team (FAST) is a community outreach promoting safe, healthy and successful families. FAST is designed to provide better services for at-risk children and families who need assistance from multiple agencies. FAST is able to create access to services and assistance for overcoming educational, legal, mental and/or health problems. FAST also works with partner agencies to identify community needs, support collaboration and create solutions for community issues. FAST is the village supporting its young people in becoming the best they can be.
Food Assistance Program
970.641.0209
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
This program entitles eligible persons to purchase food using an Electronic Benefit Card (EBT). Eligibility is determined by our office.

Foster Care/ Adoption Program
(970) 641-3244
We recruit, certify, train, and provide supportive services for individuals interested in becoming foster or adoptive parents. Please call 970-641-3244 for additional information.

Gunnison Area Restorative Practices (GARP)
Nancy Osmundson
Garp810@gmail.com
(w) 970-641-7668
(970) 901-6997
Family Group Decision Making
Mediation
MIP conferencing
Community Conferencing
ISST Facilitation

Gunnison/Hinsdale County Department of Health and Human Services
225 N. Pine Street
Gunnison, CO 81230
970-641-3244
The Gunnison and Hinsdale County Department of Human Services seeks to promote the health and welfare of our communities through the provision of various supportive and primary services. We are a County administered and State supervised system of care.

Gunnison Country Food Pantry
321 N. Main Suite C
P.O. Box 7077
Gunnison, CO 81230
GunnisonCountryFoodPantry@gmail.com
Hours of Operation:
Monday 1pm to 4pm
Wednesday 1pm to 4pm

Gunnison/Hinsdale Early Childhood Council
Gunnison County Family Services Center
225 N. Pine Street
Gunnison, CO 81230 Margaret Wacker
Phone: 641-7913
The mission of the Gunnison-Hinsdale Early Childhood Council is to expand and improve quality early childhood services and education opportunities for families in Gunnison and Hinsdale Counties. Our vision is to ensure the healthy growth and optimal development of all young children so that each child is ready to succeed in school and life. Resources for parents, providers, and prospective providers can be found at www.gunnison.colostate.edu/ecc

**Housing Authority - Rental Program**
202 E. Georgia
Gunnison, Colorado 81230
Billing: 970-641-7983
Phone: 970-641-7900 or 970-641-7983
Fax: 970-641-7931

The Housing Choice Voucher Rental Assistance Program provides housing subsidy for qualified applicants who locate rental units in the private market with participating landlords. Under this program, the applicant pays approximately 30 percent of his/her adjusted income for rent and utilities. The Housing Authority pays the balance of the fair market rent to the private landlord.

**Immunizations**
970.641.0209
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO

Immunization clinics are every Tuesday in Gunnison and first Wednesday of the month in Crested Butte. Call 641-0209 for an appointment. All childhood vaccines are available for all children 0-18 years of age. Medicaid and CHP+ are accepted. Currently each vaccine is $14. According to federal law, no person may be denied vaccine that is purchased with federal immunization grant funds for inability to pay. Adult vaccines available through Public Health are limited to Tetanus booster (Tdap) and TB skin testing and seasonal adult influenza. College students regardless of age can receive the MMR vaccine.

**Jubilee House**
970.641.2712 (office phone)
970.275.1193 (24 hr crisis line)--Clients in crisis-emergency line
jubilee@gunnison.com

The mission of Jubilee House is to provide confidential safety needs and direct advocacy services to individuals whose lives have been affected by domestic violence and sexual assault. The Jubilee House provides temporary safe shelter, emergency food/clothing/transportation, offers counseling, offers peer support groups, and provides advocacy services to those who fall within our mission.

**Juvenile Services**
Janet Reinman
200 E. Virginia
Gunnison, CO 81230
(970) 641-7902

The mission of Juvenile Services is to provide information, prevention and intervention services to youth and their families so they can become healthy, responsible and productively involved in
their communities. The Juvenile Diversion program is designed to provide services to juvenile offenders as a voluntary alternative to the Judicial Court System. These referrals are typically first time non-violent offenses that the District Attorney has determined as appropriate. Non-system referrals to the program may include; students identified as potential dropouts, truancy or runaways, or youth having problems at home. Referrals to other agencies for additional resources are common. The objective of the program is to address the needs of the total child along with the legal problem.

Multi-Cultural Resource Office
Ellen Pedersen
970-641-7999
We focus on providing an excellent resource for the Gunnison Valley where education, communication and networking can take place in order to aid in the integration of families into the community. We develop, provide and translate materials, we provide the community with culturally appropriate materials and services, and we provide statistical information for community planning. We also work with community providers to promote culturally diverse, sensitive and affordable health services.

Nurse-Family Partnership - Helping First-Time Parents Succeed
970.641.0209
Nurse-Family Partnership is a program for women who are having their first baby. If you enroll, a specially trained nurse will visit you in your home throughout pregnancy. Your nurse will visit every week or two, during pregnancy and up until your baby is two. **Who can enroll in the program?** Any woman who is: Pregnant with her first child and meets income requirements.

Old Age Pension (OAP)
970.641.0209 (970) 641-3244
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
OAP provides medical and financial assistance to individuals who have limited resources and who have reached age 60.

The Center for Restorative Practices
103C West Tomichi, Gunnison CO 81230
(970) 641-7668   garp810@gmail.com
www.gunnisonarearestorativepractices.org
"Helping People Heal."
The Center for Restorative Practices offers restorative conferencing, mediation, education, victims advocacy and counseling.

Women and Infant Children (WIC)
970.641.0209/ (970) 641-3244
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
WIC is a nutrition program for Pregnant women, Breast-feeding women (up to one year
postpartum), Non-breastfeeding, postpartum women (up to 6 months postpartum), Infants and Children until the age of 5. The WIC program provides: Nutrition education and nutritious foods to supplement a person’s regular diet. Must meet certain financial requirements. For more info. Go to Colorado Department of Public Health and Environment website.

**Women's Wellness Connection**
970.641.0209
Family Services Building
225 N. Pine Street, Suite E
Gunnison, CO
Women who may receive free breast and cervical cancer exams. We now offer free cholesterol and glucose tests as part of your exam. All women who qualify for WWC can get 2 free screening tests per year. Some women will qualify for a free appointment with a registered dietician and free Aqua Fit classes at the Recreation Center in Gunnison! Must meet specific criteria. Visit [www.gunnisoncounty.org/health_human_services_programs](http://www.gunnisoncounty.org/health_human_services_programs) And scroll down to women’s wellness connection.

**Churches**
Places of spiritual, religious guidance that will not only help ones prayer life, but also will help people find meaning and community in their life.

**Bethany Baptist Church**
909 North Wisconsin Street
Gunnison
641-2144

**Church of the Good Samaritan**
Gunnison, Colorado
641-0429

**New Song Gunnison**
120 East New York Avenue
Gunnison
(970) 641-5034

**Oh-Be-Joyful Church**
625 Maroon Avenue
Crested Butte
(970) 349-6237

**River of Life Fellowship**
92 County Road 17
Gunnison
(970) 641-0864
Rocky Mountain Christian Ministries
1040 Colorado 135
Gunnison
(970) 641-0158

Seventh Day Adventist Church
77 Ute Lane
Gunnison
(970) 641-3036

St. Peters Catholic Church/ St. Rose of Lima and Queen of All Saints
400 West Georgia Avenue
Gunnison, CO
(970) 641-0808

Trinity
523 North Pine Street
Gunnison
641-1813

Union Congregational Church
Crested Butte, Colorado
(970) 349-6405

EDUCATION AND SUPPORT GROUPS

Boomers and Beyond
116th Wisconsin Street Gunnison, CO 81230
(970) - 641-1940

Gunnison Spiritual SOULutions
970.641.2093
- to learn to connect to your spirit helpers!
- to radiate your brilliance into the world!
- to help create a harmonious world for all of life!

Living Journeys
970.349.2777
Crested Butte, CO 81224
www.livingjourneys.org
Living Journeys is a non-profit organization providing support and resources to Gunnison County residents living with cancer. Living Journeys offers a safe and confidential support system, counseling services, financial assistance and a local resource network of businesses organized to help individuals struggling with cancer.
**Love and Logic**
Laurie Boscaro (970) 901-9192
Marilyn Cheever (970) 641-7974
This class offers parenting tools to parents with children ages 10-15.

**Mothers of Preschoolers (MOPS)**
(970) 641-0426

**Nurturing Parent Program (NPP)**
Lealyn Poponi
970-642-2667
[www.gunnisoncounty.org](http://www.gunnisoncounty.org)
A family strengthening parenting program for parents and their children aged 0-11. Parents and children attend together to learn the same skills. Sponsored by: Gunnison County Department of Public Health

**Sensory Processing Disorder – Parent Connections Group**
Staci Melby
(970) 641-9590 / (970) 209-6586
nsmelby@gunnison.com
**When: 2nd Monday of each month   Time: 6:00-8:00PM**
**Where: Community Church, 107 N Iowa, Downstairs**
**This is an adult group only**

**STEP Parenting (Systematic Training for Effective Parenting)**
Rob Whiting (970) 641-8243 rob@cityofgunnison-co.gov
For parents of children 13-19 years of age.